

THEODORA™

speaks



Lebanese Salad – Fattoush

from the kitchen of Daisy Malek-Shadid

Ingredients

- 1 head of lettuce washed and chopped
- ½ cup of mint leaves washed and drained
 - 3 tbsp. of fresh parsley
 - 2 cucumbers peeled and cubed
 - 8 radishes sliced
 - 1 sweet green pepper diced and 1 sweet red pepper diced
 - 1 bunch of green onions chopped finely
 - 2-3 cloves of garlic crushed
 - ½ cup lemon juice
- 2/3 cup of olive oil
- 2 tbs. sumac
- Salt to taste
- 1 cup of pita chips
- Combine all ingredients